



EIT Health & Wellness Center

You're invited to the
free Back-to-School
Wellness Event!



When:

July 18, 5 p.m. – 8 p.m.

July 20, 9 a.m. – 12 p.m.



Where:

EIT Health & Wellness Center

6195 W 115th St, Suite A, Alsip, IL 60803

Receive complimentary school and sports physicals, vaccinations, and more!

Join us at the EIT Health & Wellness Center to get your kids all set for a healthy school year. You can even enter a raffle for a chance to win a prize. Plus, you'll have the opportunity to meet your care team and participate in the following activities and services at **no cost**:

- Complete a school/sports physical
- Receive up-to-date vaccinations

- Learn coping strategies and practice deep breathing exercises and affirmations
- Have a quick, functional, full-body assessment performed to screen for movement dysfunction.

How to prepare:

Call the Health & Wellness Center at [\(312\) 262-7002](tel:3122627002) to reserve a spot for a school/sports physical. Please bring a photo ID, insurance card, vaccination records and completed school/sports physical form.

We are here for you and your family throughout the year.

From routine check-ups to being seen when you or your loved ones are feeling sick, we are here every step of the way. Our member portal, My Premise Health, makes it easy to schedule appointments and communicate with us between visits. Download the app or visit mypremisehealth.com to get the most out of your care.

Sign in or create an account



EIT Health & Wellness Center

To learn more about EIT Health & Wellness Center, [click here](#) or call the center directly.

EIT Health & Wellness Center: [\(312\) 262-7002](tel:3122627002)



Who is eligible to use the EIT Health & Wellness Center?

Actively covered participants, eligible dependents (ages 2 and up) and covered retirees.

Find Help. Live Better.

If you need assistance with food, transportation or paying your bills, our free service will connect you to a variety of community programs in your area. Visit findhelp.premisehealth.com.

We take your privacy seriously.

Premise Health agrees to abide by all applicable laws and regulations governing the privacy and security of your personal health information. To the extent, the information is subject to the Health Insurance Portability and Accountability Act and its implementing regulations ("HIPAA"), Premise Health will abide by HIPAA and maintain the privacy and security of your Protected Health Information ("PHI") in accordance with its Notice of Privacy Practices ("Notice"). This Notice is also available at Health Center and on the Premise Health website.

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