FROM THE PODIUM

The June 11th meeting honoring our long time members was a great success. Well over one hundred of our members their wives and guests attended. The catering was as always top notch. Singer Mary Anne Riehl provided the entertainment during the luncheon. Peter Schulz our photographer for many years marked the occasion again taking pictures of the honorees. Copies will be available and sent to them shortly. Business Agent and Recording Secretary Don Finn was able to find time in his busy schedule to be pictured with our honorees and to speak of their accomplishments. A special thanks to Business Manager Terry Allen for the Local’s generosity when remembering our honored members.

Mario Coletta

June 17th Life Insurance Meeting

A list of several choices of insurances policies and pricing was given to the committee and three off the list were to be presented to the membership. This information would be featured in an upcoming copy of the News and Views. A letter also would be sent with a post card reply so that the membership could make a final choice.

CALENDAR

Aug 4-E-Board Meeting 10:30 am.
Aug 13-Regular Meeting 1:00 pm.
Sept 1-Labor Day, Remember those who came before us.
Sept 8-E Board Meeting 10:30 am.
Sept 10-Luncheon and Regular Meeting noon.
Sept 25-Drury Lane Play “The Game’s Afoot” Luncheon served at 11:30 am.
Oct 6-E-Board Meeting 10:30 am.
Oct 8-Regular Meeting 1:00 pm

Our apologies go out to Steve Catalano and wife Mary Jo for leaving their names and information out of the latest roster book. For all those who know Steve and want to reach him:
Catalano Steve (Mary Jo)
401 Tana Ln.
Joliet IL, 60435
Cell (815) 474-8173
E-Mail
choochaloni@comcast.net
ARLINGTON PARK RACETRACK
JULY 31, 2014

We are going to the races on Thursday July 31st. If you are interested and want to join us, please complete the bottom portion of this flyer and return by July 17th.

Your fee of $26.00 includes a BOX SEAT, A RACING GUIDE AND AN ARLINGTON BISTRO LUNCH. The Arlington Bistro Lunch is a choice of:

- ZLT Flatbread Sandwich (Grilled zucchini, pesto aioli, lettuce, tomato and pepper jack cheese served on grilled flat bread)
- Barbeque Pork Sandwich (Slow smoked with our signature barbecue sauce on an egg washed bun)
- Chicken Pesto Focaccia (Herb roasted chicken, provolone, tomatoes and pesto aioli on grilled focaccia)

Sides include CHOPPED VEGETABLE SALAD, POTATO SALAD, CHOCOLATE CHIP COOKIE, KETTLE CHIPS.

THE PARK OPENS AT 12 NOON
ARLINGTON BISTRO LUNCH IS FROM 12:30 UNTIL 2:30
POST TIME 1:00PM
I WILL MAIL YOUR TICKETS TO YOU SO YOU HAVE THEM BY THE 30TH.

THE PARKING IS FREE OR IF YOU WANT TO CAN TAKE THE METRO TO THE PARK BECAUSE THERE IS A TRAIN STATION RIGHT AT THE PARK. THERE IS A FEE IF YOU WANT TO USE THE VALET PARKING.

# OF TICKETS ________________________ AT $26.00 EACH

Send your check for $26.00 per person made payable to the Reirees Club of Local 134, IBEW, to Gerry White, 237 W. Millers Rd., DesPlaines, IL 60016, before July 17th. If you have any questions, call me at 847-635-5659.
RETired members of local # 134 luncheon

september 10th 2014 at the hall

Our regularly scheduled dollar luncheon will be held at noon on that day

name ________________________________

guest ________________________________

Please print names

Mail this reservation form and your dollar per person to:

Bernie Martin
8706 N Olcott
Niles, IL 60714
CUB's Consumer Alert On Electric Offers

Illinois consumers are allowed to choose a company other than the regulated utility, ComEd or Ameren, to supply them with electricity.

There are companies offering savings in the market—particularly through “municipal aggregation” deals in which a community negotiates a power price with an alternative supplier. However, CUB has seen variable prices—per kilowatt-hour rates that change on a monthly basis—that have jumped to as high as six times the utility rate.

After a 115 percent increase in complaints about unregulated suppliers in 2014, CUB is alerting consumers about pitfalls to avoid in the electric market. Read our tips and answer this short survey by noon Friday and you could win two light bulbs with a $200 money-saving potential!

IN MEMORIAM JUNE

Thomas J Ambrose Sr
Howard J Baumgartner
*Mike Danzi Robert Hanson
Ernest McLeary John R Meroni
William T Milburn
Walter H Obara
Paul J Petruskas
Walter L Schuch
James P Shields
*Michael J Tansey
William T Valaskovic
Harry A Wilson

Our condolences to the families of Mike Danzi and Michael J Tansey

IN MEMORIAM JULY

Robert M Becker
Edward N Blackmon
Larry A Bostrom Richard A Brach
Michael A Couet
Merlin J Kingsley
Vacys Laniauskas
Heinz B Martin Jr
Sam McClellan
Maurice W O’Connor Sr
Hans C Peischl Eugene R Petrucci
James M Roche Jr John W Schultz
Clair E Schwieger
Sylvester T Seick
Alfred Sienkiewicz
Garnet D Sneed Marian Szomko
Timothy J Toman
Roy G Weinberg
Edward J Wisniewski
Dennis C Zimny
Drury Lane Dinner Theatre Presents:

THE GAME’S AFOOT

Our next play will be held on Thursday September 25th 2014 and lunch will be served at 11:30 a.m. Show to follow 1:30 pm at the Drury Lane Playhouse in Oak Brook Terrace. Your ticket order must be in Walter Felde’s hands by August 30th, 2014 with your check for $45.00 per person. Make checks payable to: Retired Members of Local #134, IBEW. Walter Felde will have your tickets at Drury Lane at the Matradee’s podium. Tickets will not be mailed to you.

The Meal:
First Course: Seasonal Fruit Plate: Seasonal Fruit / Grenadine Yogurt Dip
Entrees:
Salmon Filet
Lemon Tarragon Sauce
Or
Roast Pork
Apple Sauerkraut/ Rosemary Demi Glace
All- Entrees include Chef’s Selection of garden vegetables, potato, fresh baked bread, desert and choice of one non-alcoholic beverage.

Name

Guest

Send your order to:

Walter Felde
6543 N Oshkosh
Chicago IL 60631

It is December 1936 and Broadway star William Gillette, admired the world over for his leading role in the play Sherlock Holmes, has invited his fellow cast-members to his Connecticut castle for a weekend of revelry. But when one of the guests is stabbed to death, the festivities in this isolated house of tricks and mirrors quickly turn dangerous. Then it’s up to Gillette himself, as he assumes the persona of his beloved Holmes. To track down the killer before the next victim appears. The danger and hilarity are non-stop in this glittering whodunit.
SENIOR MOMENTS

Ever walk into a room, stop halfway in, and wonder why you were there in that room?
Sure you have.
Or forgotten a word for a few minutes? Even a whole phrase?!
These times are laughingly called "seniors moments" or "brain farts" and they happen to older people. They are, however, damned annoying and embarrassing when they happen especially in the middle of a conversation and there you are saying "ohh, you know that thing where..."
You can't remember where your keys are more times than you care to count, nor what you had for supper two nights ago. Sometimes you forget your dog's name...or worse, your wife's!
Egads!! You're losing it!
You begin to worry about dementia. how long do you have left before one of your loving relatives calls your doctor and tries to have you committed to a "old folks home" or the funny farm? How long before you can't remember what your name is? Well, worry no more
A recent study by Dr Michael Ramscar and a team of linguistic researchers from the University of Tübingen, Germany have found that the older brain has accumulated so much information during the course of a lifetime, that it's simply slower because the brain has to sift through all that info to find the answer. Think that's funny youngsters? The news isn't good for you either. Memory begins to slip at age 25...and keeps on slipping. At 25 you've reached your prime. It's all downhill from there.
Now comes a new kind of challenge to the evidence of a cognitive decline, from a decidedly digital quarter: data mining, based on theories of information processing. In a paper published in Topics in Cognitive Science, a team of linguistic researchers from the University of Tübingen in Germany used advanced learning models to search enormous databases of words and phrases.
Since educated older people generally know more words than younger people, simply by virtue of having been around longer, the experiment simulates what an older brain has to do to retrieve a word. And when the researchers incorporated that difference into the models, the aging "deficits" largely disappeared.
"The larger the library you have in your head, the longer it takes to find a particular word," says Dr Ramscar.
There are distinctions between Fluid intelligence and Crystallized intelligence:
Fluid intelligence is a person's short term memory
Crystallized intelligence is accumulated knowledge, vocabulary and expertise.
"In essence, what Ramscar's group is arguing is that an increase in crystallized intelligence can account for a decrease in fluid intelligence," said Zach Hambrick, a psychologist at Michigan State University. In a variety of experiments, Dr. Hambrick and Timothy A. Salthouse of the University of Virginia have shown that crystallized knowledge (as measured by New York Times crosswords, for example) climbs sharply between ages 20 and 50 and then plateaus, even as the fluid kind (like analytical reasoning) is dropping steadily — by more than 50 percent between ages 20 and 70 in some studies. "To know for sure whether the one affects the other, ideally we'd need to see it in human studies over time," Dr. Hambrick said.
So there you go...It's not that you're slow. It's that you know so much!
Retired Members of Local # 134 I.B.E.W.

Present The

**John Cummins Memorial Golf Outing**

**Wednesday September 17th, 2014**

At Old Oak Country Club  
14200 Parker Road  
Homer Glen IL 60491

Continental Breakfast at 8:00 AM

18 Holes of Golf with a cart for each golf team  
Shotgun Start at 9:00 AM

Buffet Lunch and Prizes after Golf

All for $65.00 per Golfer

Directions to Old Oak CC: I 294 to IL 83 Kingery IL 83 S to 274  
I 83 south I 171 left to Bell Road right on west 143rd street to Parker or take  
I 355 to I 171  Old Oak Country Club is on the left

Name(s) __________________________

Reserve your place with Kevin Gibbons By August 20th  
at (630) 877 7340  
Or mail it to him at 117 Pepperwood Dr Bolingbrook IL 60440  
Make checks payable to The Retirees Club of Local 134 IBEW

Please print your name
RECIPE EXCHANGE

I just got this recipe and I have not tried it yet because it has been too hot to turn on my oven.

Rhubarb Streusel. Preheat oven 350

Bottom Dough

\[ \frac{1}{2} \text{ cup margarine} \]
\[ \frac{1}{2} \text{ cup sugar} \]
2 eggs
2 cups flour
\[ \frac{1}{2} \text{ tsp salt} \]
\[ \frac{1}{2} \text{ tsp baking powder} \]
2 tbsp milk
1 tsp vanilla

Filling

4 cups rhubarb diced
1 - 3oz pkg strawberry jello

Streusel

1 1/2 cups sugar
1 cup flour
\[ \frac{1}{2} \text{ cup margarine or butter} \]

Cream \[ \frac{1}{2} \text{ cup margarine} \] and \[ \frac{1}{2} \text{ cup sugar} \]. Add one whole egg. Beat. Mix together 2 cups flour, salt and baking powder. Mix the milk and vanilla together and add alternately with the dry ingredients to the margarine, sugar and egg. Press into 9”x13” pan. Beat remaining egg white slightly and spread over dough. Cover the egg white with rhubarb and then sprinkle with dry jello.

Mix streusel ingredients until crumbly and sprinkle over the top. Bake at 350 degrees for 45 minutes. This freezes well or also good served warm with ice cream or whip cream.

JULY 31st

If you signed up you should look for your tickets in the mail for the Arlington Racetrack. We have until the 17th to sign up so I will be sending them out shortly after that.

AUGUST 13th

The speaker for this meeting at the Union Hall will be from the Illinois Treasurer’s Office.

SEPTEMBER 10th

This is a luncheon meeting so send in your reservation sheet. Our speaker from the Secretary of State Office will be going over the RULES OF THE ROAD. If you will be renewing your driver’s license this would be a help for you.

September 17th

Annual John Cummins Golf Outing Old Oak Country Club Homer Glen IL. Information and application in this newsletter.

SEPTEMBER 25th

We will be going to Drury Lane Playhouse for Lunch and to see THE GAME’S AFOOT. This play is a whodunit and will probably keep us guessing through out the performance. The food is always delicious and a nice way to enjoy the afternoon. Be sure to send Wally Felde your sign up sheet ASAP.

OCTOBER 8th

I have asked Thomas Day who is the founder and president of Bugles Across America to come and speak at this meeting. This will get us in gear for Veterans Day.
DRIVING DIRECTIONS

FROM THE EAST (Downtown Chicago)
1. Take I-290 WEST (Eisenhower Expressway).
2. Keep LEFT to take I-88 WEST (Ronald Reagan Memorial Tollway) toward AURORA.
3. Take the SPRING RD/ CERMAK RD/22ND ST EXIT.
4. Proceed STRAIGHT at stoplight crossing over CERMAK RD/22ND ST, this will be SPRING RD.
5. Follow SLIGHT RIGHT on SPRING RD. (Watch for Green Sign “Drury Lane/Hilton”.)
6. Turn LEFT onto DRURY LN.
7. End at 100 Drury Lane, Oakbrook Terrace.

FROM THE WEST
1. Take I-88 EAST (Ronald Reagan Memorial Tollway) toward Chicago.
2. Take the MIDWEST RD Exit.
4. Turn RIGHT onto BUTTERFIELD RD/IL-56.
5. Take the ROOSEVELT RD/IL-38 EAST ramp toward DRURY LN.
6. Take the DRURY LN/SPRING RD ramp toward SOUTH.
7. Turn SLIGHT RIGHT onto SPRING RD.
8. Turn RIGHT onto DRURY LANE.
9. End at 100 Drury Lane, Oakbrook Terrace.

FROM THE SOUTH (ON IL-83/KINGERY HWY)
1. Take IL-83/KINGERY HWY NORTH
2. Merge onto IL-56/BUTTERFIELD RD EAST TOWARD IL-38/E/ROOSEVELT RD.
3. Take the ROOSEVELT RD/IL-38 E ramp toward Drury Lane.
4. Take the DRURY LN/SPRING RD ramp toward SOUTH.
5. Turn slight right onto SPRING RD.
6. Turn RIGHT onto DRURY LN.
7. End at 100 Drury Lane, Oakbrook Terrace.

FROM THE SOUTH (ON I-294)
1. Take I-294 NORTH toward WISCONSIN.
2. Merge onto I-88 WEST (Ronald Reagan Memorial Tollway) toward AURORA.
3. Take the SPRING RD/CERMAK RD/22ND ST EXIT.
4. Proceed STRAIGHT at stoplight crossing over CERMAK RD/22ND ST, this will be SPRING RD.
5. Follow SLIGHT RIGHT on SPRING RD. (Watch for Green Sign “Drury Lane/Hilton”.)
6. Turn LEFT onto DRURY LN.
7. End at 100 Drury Lane, Oakbrook Terrace.

FROM THE NORTH
1. Take I-294 SOUTH toward INDIANA-O’HARE (Portions toll).
2. Merge onto I-88 WEST (Ronald Reagan Memorial Tollway) toward AURORA.
3. Take the exit toward IL-83 NORTH/CERMAK RD-22ND ST.
4. Turn SLIGHT RIGHT onto SPRING RD.
5. Turn LEFT onto DRURY LN.
6. End at 100 Drury Lane, Oakbrook Terrace.