FROM THE PODIUM

First of all I want to acknowledge that we left out 2 honorees in last month’s newsletter. They were Joe Keenan, 65 years & Frank Hauser 50 years. Next I want to reiterate the need for some new people to step up to the plate to run this club. We just celebrated 25 years and I hope we celebrate many more but right now our average age of the board members is pushing over 76 years young! This coming February we will have 4 open slots on the executive board and possibly more. We MUST HAVE people to fill those spots. This club has always relied on the same people year after year. Our membership exceeds 550 people and I am always hearing how much you enjoy the newsletter, the events, the roster book, well it takes people to do all these things! Each year we recycle board members, it has to stop. I really don’t want to be the one who tells the last one to “turn out the lights”; it would be a shame after all these years.

Two meetings a month for a couple of hours each, which is all we are asking. If we can’t get someone to step up then we will just be another memory.

My phone # is 312-914-4428;
e-mail is rsipple@sbcglobal.net
or sends us your application to:
Retiree’s Club of Local 134
600 West Washington Blvd
Chicago, Illinois 60661
Rich Sipple

CALENDAR

Aug 14- Regular Meeting 1:00 pm
Aug 21- Annual John Cummins Memorial Golf Outing 8:00 am
Aug 22- A Day at the Races
Arlington Park Racetrack Noon
Sept 2- Labor Day, Remember those who came before us
Sept 9- E-Board Meeting 10:30 am
Sept 11- Luncheon and Regular Meeting noon with entertainment
Sept 26- Drury Lane Play “Next To Normal” Luncheon served at 11:30 am
Oct 7- E-Board Meeting 10:30 am
Oct 9- Regular Meeting 1:00 pm
RETIREDE MEMBERS OF LOCAL # 134 LUNCHEON

SEPTEMBER 11TH 2013 AT THE HALL

OUR REGULARLY SCHEDULED DOLLAR LUNCHEON WILL BE HELD AT NOON ON THAT DAY

Name __________________________________________

Guest __________________________________________

Please print names

Mail this reservation form and your dollar per person to:

Bernie Martin
8706 N Olcott
Niles, IL 60714
APPLICATION TO RETIREES CLUB OF LOCAL 134

EXECUTIVE BOARD

Name: ________________________________

Address: ________________________________

City: ____________  State: _______  Zip: ________

Phone: ________________  E-Mail ________________
RECIPE EXCHANGE

This recipe was given to me by Laura Felde. She had not tried it yet but I thought I would soon. I think I will serve it warm.

COLD POACHED SALMON WITH CAPER MAYONNAISE

2 cups water
5 ounces white wine
2 tbsp. fresh lemon juice
1 tbsp chopped fresh dill
½ tsp salt
1 lb uncooked Atlantic salmon fillets, washed and pat dry. Leave the skin on so it's easier to cook the fish and then remove the skin when serving.

SAUCE
½ cup light mayonnaise
1 medium lemon, zested and juiced
2 tbsp minced fresh dill
1 ½ tbsp. small capers
½ tsp. freshly ground black pepper
In a large pot, bring the first 5 ingredients to a boil over high heat. Add fish to pot and reduce heat to low; cover and simmer gently until center of fish is no longer translucent, about 8 to 10 min. Remove fish with a slotted spatula and allow to cool, before chilling in the refrigerator. Meanwhile in a small bowl, stir together sauce ingredients and set aside.

AUGUST 22nd
Remember the Day at Arlington Racetrack.
The park opens at 12 noon

SEPTEMBER 11th
Our regular meeting and luncheon at the hall with entertainment by Bud and Norma Hinchman will be on this Wednesday. They will perform MUSICAL MEMORIES A LA MODE. Be sure to send in your sign up sheet to Bernie Martin, to reserve a spot.

SEPTEMBER 19th
This is the new date for the Architecture Boat Cruise and lunch following at Navy Pier. The Tour starts at 11:30AM. In order to get your ticket, be sure to get to the Ogden Slip by 11:00AM. The Ogden Slip is off Illinois St. before the Gateway Park, in front of Navy Pier. After, the boat cruise we will be eating at CAPI'S ITALIAN KITCHEN. The Cruise is 1 hour and the cost is $20.50 If you want to join the rest of the group for lunch at Capi's, the cost for lunch and the cruise is $42.50 per person. There is a sign up sheet attached to this newsletter.

SEPTEMBER 26th
We will be going to Drury Lane Theatre in Oakbrook to see NEXT TO NORMAL. They always put on such good plays and the lunch is delicious. Be sure to sign up with Bob Mersch before September 1st. The sign up sheet is attached.
Retired Members of Local # 134 I.B.E.W.

Present The

**John Cummins Memorial Golf Outing**

Wednesday August 21st, 2013

At Longwood Country Club
3503 East Steger Road
Crete IL 60417

Continental Breakfast at 8:00 AM

18 Holes of Golf with a cart for each golf team

Lunch and Prizes after Golf

All for $50.00 per Golfer

Directions to Longwood CC: Interstate 80, or 94 or 294 to 394
Go south ten miles to Steger Road, then east for three miles to
Longwood Country Club on your right

Name(s) ____________________________
Reserve your place with Hugh O’Connell at (630) 257 0640
Or mail it to him at 490 Wheeler Drive Lemont, IL 60439
Please print your name
July 10th 2013 Speaker

Brian Milich from the Cook County Sheriff’s Office gave us some common sense safety tips. Crime is on the rise, it’s seasonal and cyclical. The busiest month for crime is August. When the temperature drops so does crime. The busiest day for crime is Saturday; the busiest time is at night. The Cook County jail as of this day has 9983 people in a 10,000 person facility. Because of the overcrowding the County is paying southern Illinois Counties for jail space. The jail system consists of eleven different divisions, two of them for women prisoners.

We were told, seniors are considered easy targets and that distracted people also easy targets. We must be aware of our environment and what’s going on around us. Number one in thefts are cell phones. When out in public always remain in areas of activity. At night stay where it’s well lighted and where there are others. It’s a good idea for women when out to leave their purses at home and carry a small one. Keep it close to your body. Men shouldn’t carry their wallets in their back pockets; keep it in the side pockets. If accosted take your wallet and throw it one way and run the opposite. We’re vulnerable when we’re alone, it’s best to go out with friends.

He reminded us to have a cell phone to call for help for ourselves and others. If on the expressways Star99 will bring help. When at your bank or ATM be aware when withdrawing cash. When shopping never be overloaded with packages. When at the store women must never leave their purse in the shopping cart. Cemeteries are also a danger for unlocked cars with a purse in plain sight. He told us more cars are stolen in the months of July and August than any other time.

We want to thank the Cook County Sheriff’s department for allowing Brian to remind us as seniors to be alert.

IN MEMORIAM JULY

Anderson Adams        Louis C Arnold
Donald Bergman        Charles J Berry
James J Carucio       Aldo Civitella
Robert E Edwards      Michael C Foley
Helmut Freudenthaller
John W Glazebrook     Miroslav Gordan
William C Gregory     Bernard J Halagiera
John B Harlin         John Harvey
Ronald M Horwitz      Edward J Klimek
Jeremiah Krubert      James A Lehnert
Gregory D Lehr        John P Lyle
Thomas O McNamara     Andrew J Oliver
William C Morfoot     Antoine P Proctor
Donald C Rhode        Edward Sims
William V Sopkowicz   
Radomir Stevanovich   Robert C Vocke
Marion J Wilczynski   Milan Zolo

IN MEMORIAM AUGUST

Dennis A Bartusiak    Nildo A Castagnoli
Daniel A Dever        Michael S Edmonds
George M Fallico      Dale A Galvin
William Giannos       Lloyd B Hatcher
Robert S Malik        Daniel B McCarty
Charles M Montgomery  
Louis E Niederkorn    Gerald Smith
Carson A Spear Jr     Robert G Winters
Drury Lane Dinner Theatre Presents

“Next To Normal”

Our next play will be held on Thursday September 26th 2013 and lunch will be served at 11:30 a.m. Show to follow 1:30 pm at the Drury Lane Playhouse in Oak Brook Terrace. Your ticket order must be in Bob Mersch’s hands by September 1st, 2013 with your check for $45.00 per person. Make checks payable to: Retired Members of Local #134, IBEW. Bob Mersch will have your tickets at Drury Lane at the Matradee’s podium. Tickets will not be mailed to you.

The Meal:

First Course: Seasonal Fruit Plate
Entrees:

Tilapia
Lemon Beurre Chives

Or

Roast Sirloin of Beef
Sliced Prime Sirloin in it’s natural juices

All- Entrees include Chef’s Selection of garden vegetables, potato, fresh baked bread, desert and choice of one non-alcoholic beverage.

Name

Guest

Send your order to:
Bob Mersch
5223 W. Madison Street
Skokie, IL 60077

We are honored to present the regional premiere of Next To Normal, one of only eight musicals in history to win the Pulitzer Prize for drama.

This Riveting story is an intricate dissection of a “normal” American family. Driven by an incredible score (which won Tony Awards for Best Original Score AND Best Orchestations) the narrative burrows into family secrets long since buried. This is a musical that asks the question: Can the seemingly perfect family survive an insurmountable event and tender the untenable. A story whose mere description would destroy it- see it before anyone reveals its secrets.
Good news came in the mail for a lot of Americans recently. Recently, insurance companies mailed out more than $500 million in rebate checks to families and businesses all around the country. Why? Because of a provision written into Obamacare that requires insurers to spend a certain percentage of your premium dollars on actual health care. Not marketing, not CEO salaries, not profit -- actual health care. And if they fall short? They have to rebate back the difference. You might have gotten a check yourself. Or, if you get your insurance through your job, you might have seen the savings through your employer. Even if you didn’t get a check, you’re benefitting from this new rule (it’s usually referred to as “medical loss ratio” or the “80/20 rule”), because it’s forcing insurance companies to be more efficient and spend your money more carefully -- which, in turn, will keep health care costs in check. This provision -- based on an idea that came from Minnesota -- didn’t get a lot of headlines during the health care debate. But it’s working -- and the proof is in the mailboxes of families and businesses all over the country. There’s a lot of talk about Obamacare these days -- about the people it’s already helping and also about the work we need to do to improve the law and our health care system, but there’s also a lot of nonsense out there and its by those who don’t want to affordable health care for everyone.

Prescription Plan D nothing more than Welfare for big Pharma

Did you know that Americans pay the highest prices in the world for prescription drugs? Did you know that since the creation of Medicare Part D, American taxpayers no longer pay the lowest government-negotiated prices for the drugs needed by low-income seniors and people with disabilities?

Sen. Jay Rockefeller (D-WV) and Rep. Henry Waxman (D-CA) have introduced the Medicare Drug Savings Act, S. 740 in the U.S. Senate and H.R. 1588 in the U.S. House of Representatives, that would eliminate this special deal for brand-name drug manufacturers. This legislation would prevent the big drug companies from charging the federal government higher drug prices for low-income Medicare beneficiaries than they charge for Medicaid. The Medicare Drug Savings Act would save the federal government more than $141.2 billion over 10 years, money that helps all Medicare beneficiaries.

Currently, the federal government negotiates lower prices both for veterans and Medicaid beneficiaries. However, when low-income Medicaid beneficiaries were transferred to the Medicare program, price-gouging drug companies received a huge windfall, because they stopped offering the government the lowest, discounted rate.
CRUISE AND LUNCH AT NAVY PIER
SEPTEMBER 19, 2013

CRUISE: THE SHORELINE ARCHITECTURE CRUISE
LEAVES FROM THE OGDEN SLIP LOCATION
BOARDING TIME 11:15am
DEPARTING TIME 11:30am

LUNCH: CAPI'S ITALIAN KITCHEN
LUNCH TIME 1:00pm
Includes Salad, entrees, Gelato and beverages
(Coffee, tea, soft drink, etc.)

I WILL MEET YOU BY THE OGDEN SLIP LOCATION. WE WILL HAVE ONLY
ONE TICKET FOR THE ENTIRE GROUP. REMEMBER THE BOAT WILL NOT
WAIT FOR YOU, THEREFORE MAYBE IT WOULD BE A GOOD IDEA TO PLAN
TO ARRIVE AT THE AREA AROUND 11:00am. THERE WILL BE PLACES TO
SIT BY THE ENTRANCE GATE

____________________________________________________________________

(CUT AND RETURN BOTTOM PORTION TO ME)

NAME______________________________________________________________

CRUISE ONLY ___________ AT $22.50 EACH _________________ TOTAL
CRUISE AND LUNCH_______ AT $42.50 EACH _________________ TOTAL

SEND YOUR CHECK PAYABLE TO THE RETIREES CLUB OF LOCAL 134, IBEW, TO GERRY WHITE,
237 W. MILLERS RD., DEPLAINES, IL 60016, BY SEPTEMBER 11th. CALL ME IF YOU HAVE ANY
QUESTIONS. Home # is 847-635-5659 and my cell is 847-612-4581.
From Union Station or the Ogilvie Transportation Center you can catch a bus that goes to Navy Pier.

On the Northeast corner of Madison and Canal there is a bus stop for the Route #124 bus. It travels east on Washington and eventually gets to Navy Pier. You would have a shorter walk if you got off this bus one (1) stop before Navy Pier. Just after the bus turns on Illinois Street from under the Lake Shore Drive there is a bus stop. It is across the Street from the Lake Point Market and before you get to Streeter Dr. You can ask the bus driver to assist you. The Shoreline Architecture Cruise leaves from the Ogden Slip, which as you can see from this map is at Illinois St. and Streeter Drive.

If you are coming on an El you should get off at Grand Avenue and take a bus going east to Navy Pier. There are free trolleys that also run on this section of Grand Avenue.

You can call for directions if you are not coming by train or El. The number for transportation in the city is 312-836-7000.

We will be eating at Capi’s Italian Kitchen. If you signed up to have lunch with the group we are expected by 1:00pm. Capi’s is located inside of Navy Pier. I’m sure if you ask anyone working at the Pier they will help you or just go with the crowd upon leaving the Architecture Tour.

If you have any further questions you can call me Gerry White at 847-635-5659. Or take this sheet with you and you can call my cell 847-612-4581 if you think you are lost.
If you are arriving by bus:
*Give this map to your driver to aid in directions.
*BUS DRIVERS...You may pull under the canopy to unload and load but
PLEASE TURN OFF YOUR ENGINE WHILE UNDER THE CANOPY.

If you are arriving by car:
*Please copy this map and distribute to your guests.
*Free parking is available surrounding Drury Lane and Hilton Suites.

WHEN APPROACHING FROM THE NORTH OR
SOUTH ON ROUTE 83: Exit at Roosevelt/Butterfield
Road East (Roosevelt Road is Route 38). Follow the
GREEN sign to DRURY LANE.

WHEN APPROACHING FROM THE EAST OR
WEST ON ROOSEVELT ROAD: Exit Route 83
(Kingery Hwy.) South to Roosevelt Road (Route 38)
East and follow GREEN sign to DRURY LANE.

WHEN APPROACHING FROM DOWNTOWN
CHICAGO: Take the Eisenhower Expressway (I-290)
West to the East-West Tollway (I-88), Aurora exit.
Immediately after paying the $.40 toll at the Cermak
Road/22nd Street tollbooth, exit Right and proceed
North on Spring Road to DRURY LANE.

WHEN APPROACHING FROM THE WEST ON I-88:
Exit at Midwest Road, turn Right, proceed North to
Butterfield Road (Route 55). Turn right onto
Butterfield Road, exit Roosevelt Road (Route 38)
East to DRURY LANE.

WHEN APPROACHING FROM I-294 (TRI-STATE):
to I-88 (East-West Tollway) West, to Aurora exit.
Immediately after paying $.40 toll at Cermak
Road/22nd Street tollbooth, exit Right and proceed
North on Spring Road to DRURY LANE.